

**PILIHAN FM PROGRAMMES (ENGLISH): 16 NOVEMBER - 22 NOVEMBER 2020**

Day/Time	Monday (16/11/2020)	Tuesday (17/11/2020)	Wednesday (18/11/2020)	Thursday (19/11/2020)	Friday (20/11/2020)	Saturday (21/11/2020)	Sunday (22/11/2020)
6.00am-8.59am	<b>MORNING JAM (Daily)</b> [Producer: Frankie Chan]						
6.50am	World of Sports (Live)						
7.00am	Daily Diary (Live)						
7.03am	Just A Minute <i>(Topic: Asia)</i>	Just A Minute <i>(Topic: Africa)</i>	Just A Minute <i>(Topic: North America)</i>	Just A Minute <i>(Topic: Central America)</i>		Just A Minute <i>(Topic: Europe)</i>	
7.15am		Cybersafe with BruCert <i>(Topic: Wearable Devices)</i>		Cybersafe with BruCert <i>(Topic: Five Common Forms of Cyberbullying)</i>			
7.30am	<b>MAIN NEWS BULLETIN [15 mins]</b>						
7.45am		Know Our Brunei <i>(Topic: Gadong)</i>					
8.00am	Fitness <i>(Topic: Strength Training - How Often)</i>			In The Movies (Recorded)		New This Week [New Releases] (Rec)	
8.05am		Fun Facts! (Live)					
8.20am	Celebrities Birthday Today! (Live)						
8.25am	Today In Music History (Live)						
9.00am-10.59am	<b>MANDARIN PROGRAMMES (Daily)</b>						
11.00am-1.59pm	<b>ONE-ONE-TWO (Mon-Fri)</b> [Producer: Izah Bakar]					<b>WEEKEND 959 Part I (Sat-Sun)</b> [Producer: Frankie Chan]	
11.10am	On The Menu <i>(Recipe: Garlic Butter Shrimp)</i>	On The Menu <i>(Recipe: Spicy Coconut and Lime Grilled Shrimp)</i>	On The Menu <i>(Recipe: Baked Dijon Salmon)</i>	On The Menu <i>(Recipe: White Chocolate Chip Oatmeal Cookies)</i>	On The Menu <i>(Recipe: Caribbean Sweet Potato Salad)</i>		
11.15am						UK Top 10 Singles Chart (Recorded)	Sawadee Thailand <i>(Topic: Ang Thong National Marine Park)</i>

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11.30am	Double Play (Featuring: C.L)	Interview Slot	Housekeeping Tips & Tricks (Topic: How to Get Rid of Poop Stains From Carpet and Clothes)	Interview Slot			What's On (Live)
11.45am		Parenting 101 (Topic: Digital Parenting)		Health Talk (Topic: Working Out At Home, A Solution To Hectic Life)		Interview Slot	
12.00nn	ASEAN NEWS [3 mins]						
12.30pm						Thinking Green (Topic: Environmental Effects Of Fast Fashion)	Rules 360 (Topic: Be The Last To Raise Your Voice)
Floating / 12.40pm	What's On (Live)					What's On (Live)	
12.45pm		Thinking Green (Topic: Environmental Effects Of Fast Fashion)	Cybersafe with BruCert (Topic: Wearable Devices)			Cybersafe with BruCert (Topic: Five Common Forms of Cyberbullying)	
1.00pm	MAIN NEWS BULLETIN [15 mins]						
1.30pm						Voice of ASEAN: Beyond Boundaries (Topic: Laos)	
1.45pm					Glimpse of Islam (Recorded)		
1.50pm	Brain Teasers (Live)						
2.00pm	BUSINESS & ECONOMY NEWS [3mins]						
2.03pm-3.59pm	PILIHAN GOLDIES (Mon-Fri)					WEEKEND 959 Part II (Sat-Sun) [Producer: Frankie Chan]	
2.03pm						Just For You [Dedication Slot] (Live)	

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2.15pm						Fitness <i>(Topic: Strength Training - How Often)</i>	
2.30pm	Just A Minute <i>(Topic: Asia)</i>	Just A Minute <i>(Topic: Africa)</i>	Just A Minute <i>(Topic: North America)</i>	Just A Minute <i>(Topic: Central America)</i>	Parenting 101 <i>(Topic: Digital Parenting)</i>	Just A Minute <i>(Topic: Europe)</i>	What's On (Live)
3.00pm						GURKHALI PROGRAMMES	New This Week [New Releases] (Rec)
3.00pm-3.59pm							
4.00pm-6.59pm	MANDARIN PROGRAMMES (Daily)						
7.00pm-7.59pm	GURKHALI PROGRAMMES (Daily)						
8.00pm-10.29pm	NIGHT SCOPE (Daily)						
8.30pm				Glimpse of Islam (Recorded)		Know Our Brunei <i>(Topic: Jalan Berakas)</i>	
9.00pm	MAIN NEWS BULLETIN [15 mins]						
10.00pm	SPORTS NEWS [3 mins]						
10.30pm-5.59am	INFO TRACKS (Daily)						
<b>Live Report:</b>	Mon, 16/11/2020: UTB 8th Convocation Ceremony (AM) English at 8.30am and Mandarin at +-10.15am Wed, 18/11/2020: SHHB Institute of Tahfiz Al-Quran Haflut Takharuj (AM) at 8.30am and Mandarin at +-10.15am						
<b>Note:</b>	NIL						